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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 3  | Intro to Zones of Regulation6 lessons | Bonfire night safetyHealthy familiesFriendship conflictAnti-bullying weekLearning who to trustRespecting differences in othersStereotyping: GenderStereotyping: age | Appropriate levels of touchEmergenciesWashing handsRoad safetyWho keeps me safe? | Wonderful me /ResilienceSleepExploring Tools Zones of Regulation4 lessons | Rights and responsibilityRulesStealing vs borrowingPlastic pollution Earth DayWhat’s in my community?Who helps in the community? | Jobs and pay Different ways to payApproaching the finish line – Zones of Regulation4 lessons  |
| Year 4 | Looking out for others x 2DifferencesRacismSelf-esteemResolving conflict Halloween | Bonfire night safetyHazard risk dangerAnti-bully WeekDanger signs Dares Railway safety Christmas – giving vs receiving  | SleepSugarBalance dietExerciseMental health (Zones of Regulation) | Online age restrictionsAdverts Body imagesSharing information onlineLive streamingGaming and online spending | Human rightsRulesSchool rules British ValuesLocal councillorsDiverse community - racism | Spending choicesHow are payments changing?How spending affects my feelingsCareer choicesCareer stereotypesTransitionReflection |
| Year 5 | Healthy and unhealthy relationshipscivil partnerships and marriagepeer pressureassertive, aggressive and passive behaviourBlack HistoryAppropriate touchHalloween | Bonfire NightAnti-bullying – WingAnti-bullying weekDental HealthSugar on teeth experiment x 2 Christmas – thinking of others  | Coming home on timeKeeping safe in the local areaGlobal warming x 2Feeling safe in the community  | Mental and physical healthHelping mental healthSleepSmoking x 3 | Growing and changing Growing and changing – emotions Puberty Relationships x 2Manipulated images on media  | Changes and lossAlcohol and drugs x 3Railway safety Dangers over the summer holidays Reflect on achievements  |
| Year 6 | Accepting othersRacism Actions and consequencesMarriageFriend/ acquaintance/stranger Types of families | Anti-social behaviour on bonfire night9 protected characteristics Anti-bullying weekPhysical and mental healthDealing with emotions (Zones of Regulation)Current Christmas issues | Hazards onlineEditing and filtersPayment methods: What are credit cardsBudgeting on a monthly wage  | YGAM: Gambling within games x 3Keeping money safe/ scamsHow money affects feelings and finding a work life balance- jobsInternational Women’s Day | What it means to be an adultPuberty recap/ Periods Emotions during pubertyReproduction Consent Sharing images online  | Human rights /children’s rightsHow our government worksOur local councilStockport development Modern propaganda – linked to WW2Transition x 2 |