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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 3 | Intro to Zones of Regulation  6 lessons | Bonfire night safety  Healthy families  Friendship conflict  Anti-bullying week  Learning who to trust  Respecting differences in others  Stereotyping: Gender  Stereotyping: age | Appropriate levels of touch  Emergencies  Washing hands  Road safety  Who keeps me safe? | Wonderful me /  Resilience  Sleep  Exploring Tools Zones of Regulation  4 lessons | Rights and responsibility  Rules  Stealing vs borrowing  Plastic pollution  Earth Day  What’s in my community?  Who helps in the community? | Jobs and pay  Different ways to pay  Approaching the finish line – Zones of Regulation  4 lessons |
| Year 4 | Looking out for others x 2  Differences  Racism  Self-esteem  Resolving conflict  Halloween | Bonfire night safety  Hazard risk danger  Anti-bully Week  Danger signs  Dares  Railway safety  Christmas – giving vs receiving | Sleep  Sugar  Balance diet  Exercise  Mental health (Zones of Regulation) | Online age restrictions  Adverts  Body images  Sharing information online  Live streaming  Gaming and online spending | Human rights  Rules  School rules  British Values  Local councillors  Diverse community - racism | Spending choices  How are payments changing?  How spending affects my feelings  Career choices  Career stereotypes  Transition  Reflection |
| Year 5 | Healthy and unhealthy relationships  civil partnerships and marriage  peer pressure  assertive, aggressive and passive behaviour  Black History  Appropriate touch  Halloween | Bonfire Night  Anti-bullying – Wing  Anti-bullying week  Dental Health  Sugar on teeth experiment x 2  Christmas – thinking of others | Coming home on time  Keeping safe in the local area  Global warming x 2  Feeling safe in the community | Mental and physical health  Helping mental health  Sleep  Smoking x 3 | Growing and changing  Growing and changing – emotions  Puberty  Relationships x 2  Manipulated images on media | Changes and loss  Alcohol and drugs x 3  Railway safety  Dangers over the summer holidays  Reflect on achievements |
| Year 6 | Accepting others  Racism  Actions and consequences  Marriage  Friend/ acquaintance  /stranger  Types of families | Anti-social behaviour on bonfire night  9 protected characteristics  Anti-bullying week  Physical and mental health  Dealing with emotions (Zones of Regulation)  Current Christmas issues | Hazards online  Editing and filters  Payment methods: What are credit cards  Budgeting on a monthly wage | YGAM: Gambling within games x 3  Keeping money safe/ scams  How money affects feelings and finding a work life balance- jobs  International Women’s Day | What it means to be an adult  Puberty recap/ Periods  Emotions during puberty  Reproduction  Consent  Sharing images online | Human rights /children’s rights  How our government works  Our local council  Stockport development  Modern propaganda – linked to WW2  Transition x 2 |