Personal, Social and Health Economics (PSHE) Education

Vocabulary Progression

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|  | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **General Language** | belonging, British Values, bullying, care, celebrations, challenges, clean, community, conflict, co-operation, differences, E-Safety, families, family life, fears, friends, friendship, goals, helpful, home, jobs, kindness, managing feelings, mental health, protected characteristics, respect, responsibilities, rights, risks, rules, safety, similarities, SMART online, tolerance, toolkit, Zones of Regulation, | | | |
| **Relationships** | different/diverse families, single parents, step-parents,  encouragement, privacy, hurtful, positivity, roles, family disagreement, online bullying, precious, trust, stereotype, gender, trigger | teasing, confidence, race, faith, values, jealousy, racism, traditions, beliefs, peer pressure | physical touch, unwanted, unacceptable, treated equally, sexism, racism, homophobia, trolling,  marriage, civil partnership | empathy, action, consequence, racism, gay, acquaintance, diversity, inclusion, heredity, manipulation, ghosting, gaslighting, self-esteem, |
| **Living in the Wider World** | passwords, privacy, laws, human rights, images, online safety, democracy, recycle, borrowing, stealing, community, charity | democracy, digital footprint, social media, advertising, judgement, influence, resilience, persuasion, live streaming, in-app purchases, human rights, discrimination, MP | aspirations, vote, participation, online communities, protection, media influence, fact, opinion, bias, rumours, | Children’s Universal Rights, anti-social behaviour, disability, filter, prejudice, fake, restrictions, manipulate, inappropriate, debt, finance, credit card, scam, government, Houses of Parliament, propaganda, |
| **Keeping/staying Safe and Healthy** | positive and negative feelings, hazards, fire safety, road safety, danger, appropriate touch, germs | body image, appearance, acceptance, self-esteem, | identity, individuality, well-being, unsafe, injury, vaping, body image, nicotine, drugs, cigarette, smoking, alcohol, | conflicting feelings, personal responsibility, managing stress, , sleep deprivation, social media, gambling, legal/illegal |
| **RSE** |  |  | puberty, hormones, period/menstruation | sexual orientation, sexual intercourse, pregnancy, sperm, egg , womb, fertilize, physical attraction, consent, conception, reproduction |