

Great Moor Junior School Newsletter

Respect, Kindness, Tolerance, Responsibility, Co-operation

11th October 2024

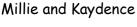
Y4 Greek Day

Our Year 4 pupils had an exciting journey through ancient Greece this week! They got to taste delicious Greek food and enjoyed lively Greek dancing. The adventure continued with a Greek invention treasure hunt, where the children discovered incredible innovations from ancient times. Stepping into the shoes of archaeologists, they also uncovered 'artefacts' from the past, using their detective skills to work out what they were and how they were used. Well done Year 4, your costumes looked amazing!



Y6 Macclesfield Forest

Macclesfield forest was a blast! Firstly, we got to have a stroll around the forest and make our own maps with the features we had come across. We then climbed up a narrow, muddy, steep path and sat on some benches to create our own compass. After, we all walked back down to the reservoir and admired the view. Later, we had a look at some maps and we had to find each other to gather the missing pieces. We all got into pairs and we made a square using our compasses. Finally, we ended the day with the best bit: the orienteering - some people fell in the mole hills while finding the stamps, which was loads of fun! Macclesfield forest was a great experience.















Year 5 Living History at Tatton Park

Year 5 visited the Anglo-Saxon settlement of Tata's Tun on a Living History trip this week.

Not long after we had arrived, we learned that the village's Danegeld tax had gone missing and asked if we would learn some skills to help the village defend itself from a possible Viking attack!

The children learned how to defend the settlement with a Shield Wall and how to thresh wheat and grind flour, how to hunt deer and how to weave and trade.

The children's costumes were amazing and it really helped us to feel that we had travelled back in time to Anglo-Saxon England.













3G Manchester Aerozone Trip

Last week we went to the Aerozone at Manchester Airport. During the trip, we took part in lots of different role play zones. They all involved jobs at the airport. My favourite zone was the Aircraft Simulator Zone, we had to fly planes using aircraft controls. It was really fun. Another really good zone was dressing as a Manchester Airport Firefighter. We had to get ready in under 30 seconds!

The other zones were the shops, the cabin crew zone, marshalling the planes and border security. We had an amazing guest speaker from security. She told us all about her job and how important it is. The security manager showed us pictures of items you are not allowed to take on board a plane. Some of the items were toys but they were still dangerous to fly with. We even got to have a walk around the Terminal 2 building and we got to see lots of people that work at the airport. It was a fantastic trip!

Jayden 3G



















School Council and Learning Ambassador Update

The School Councillors and Learning Ambassadors usually meet once a month but they've been really busy with different projects so have been meeting more regularly recently.

The School Councillors arranged the Dress up as Animal day which raised £250 for our school charity which the Council have agreed will be Cancer Research this year. We usually aim to raise a thousand pounds each year for our chosen charity. Councillors also met with their classes and found out that the children really wanted a Halloween Disco so they have been busy planning this. They recommended the ticket price and researched the cost of decorations, sweets and drinks and then Addie Harrison and Ruby Garside approached Mrs Bushaway for funding (which was approved)! They are also excited to see how much money we can raise.

The Learning Ambassadors have been finding out how the changes to the Behaviour System are going. They surveyed the children and analysed the results to prepare a report for the Governors. They met with the Governors to present their findings and show them the changes in action on Wednesday. The Governors were very reassured to see the system working and were impressed with the feedback.



E-Safety guidance for parents

In this ever changing digital landscape its sometimes difficult to keep up with the latest advice and guidance for parents helping their children navigate their way. Please see below links to a selection of the latest help and advice.

If you ever feel you need any further help please contact Mr Gill on mark.gill@greatmoor-jun.stockport.sch.uk

Links to help and advice:

- <u>Thinkuknow</u> by the National Crime Agency Child Exploitation and Online Protection command (NCA-CEOP) - resources for parents and carers and children of all ages to help keep children safe online
- <u>Childnet</u> has developed <u>guidance for parents and carers</u> to begin a conversation about online safety, as well as <u>guidance on keeping under-fives safe online</u>
- <u>Parent Info</u> is a collaboration between Parent Zone and NCA-CEOP support and related to the digital world from leading experts and organisations
- National Society for the Prevention of Cruelty to Children (NSPCC) <u>guidance for parents and carers</u> to help keep children safe online
- <u>UK Safer Internet Centre</u> tips and advice for parents and carers to keep children safe online you can also <u>report any harmful content found online through the UK Safer Internet Centre</u>
- Online Safety Hub, created by SmoothWall partnership with Stockport Schools support and tailored advice for young people with additional learning needs and their parents or carers
- <u>Parents' Guide to Age Ratings</u> explains how the British Board of Film Classification rates content, and gives parents advice on choosing online content well
- The Children's Commissioner has published <u>advice for parents on talking to your child about online sexual harassment</u> specifically, based on input from children themselves











Halloween Disco

We will be holding a Halloween Disco on Thursday 17th October 6-7.30pm for children who follow our School Values. Tickets will be available to buy on Parentpay £5 each on Monday. They will be allocated on a first come first serve basis. Children are welcome to come dressed up. Drinks and sweets will be provided. No phones allowed, thank you. Year 5 and 6 children should come in and out of the front door and Year 3 and 4 children in and out of their usual door.



European Day of Languages

This half term, all year groups have celebrated the European Day of Languages; a day designed to promote language learning across Europe. Year 3 enjoyed learning about the Tour de France and listening to the story 'Mona Lisa Caper' about the theft of the world's most famous painting. Year 4 enjoyed their Greek day and sampled lots of delicious food. Year 5 spent time learning about Germany and produced some wonderful fact files. Year 6 will be enjoying French regional cheese tasting next week and using their geography skills to locate the cheese producing regions on a map. Excellent travail à tous.







<u>Free School Meals</u>

Your child may be able to get free school meals if you get any of the following:

Income Support

income-based Jobseeker's Allowance

income-related Employment and Support Allowance

support under Part VI of the Immigration and Asylum Act 1999

the guaranteed element of Pension Credit

Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Please apply here if you think you could be eligible: https://www.gov.uk/apply-free-school-meals

Lost Property

We do get a lot of lost property in school - it's rare a day goes by without someone losing their coat, fleece, shoes or even trousers! When lost property is handed in we return named items directly to their owners. Unfortunately many items (the vast majority) do not have a name in and therefore end up in our overflowing lost property box. Please could parents help us by ensuring children's clothing especially fleeces, sweatshirts, cardigans and coats are clearly marked with their child's name.











Ice Cream Shop

The ice cream shop will not be open after half term. It will re-open in the Spring.



Cross Country - Event 2

Another fantastic cross-country event! The children ran so well and it was lovely to see them cheering each other on. Whether it was their first race or they were setting a brand new PB, all of the children represented our school proudly.

With the good conditions, 9 children managed to set a personal best time.

Just like last week, we had top 10 finishers in every race. In the Year 3/4 girls race, Elin came 3^{rd} . In the Year 3/4 boys race we had Joel in 4^{th} . In the Year 5/6 boys race Flynn came 6^{th} and Flo had a back and forth race but just managed to outsprint another runner to claim victory in the Year 5/6 girls race.

I was so impressed with the effort from everyone who ran. It would be very easy to give up when tired, but the children from our school always seem to find that little bit of extra effort.

The full results can be found on our webpage.

https://www.greatmoor-jun.stockport.sch.uk/page/cross-country

There are 2 races in November and we are always looking for new runners.

Saturday 2nd November

Saturday 30th November

Year 3 and 4 girls: 10.30am Year 3 and 4 boys: 10.50am Year 5 and 6 girls: 11.10am Year 5 and 6 boys: 11.40am

Please email Mr Garnett if you have any questions joe.garnett@greatmoor-

jun.stockport.sch.uk





Clubs

Next half-term's clubs are now on Parentpay. If your child would like to do tennis club you now have to book in via Ben directly.

CLUB	YEAR	DAY	Oct	Nov	Dec	Sessions	Tutor	Room
BASKETBALL	4, 5, 6	Monday		4, 11, 18, 25, 30	7	6	Mr Cannon/Mrs Almond	FIELD
GIRLS FOOTBALL	ALL	Monday		4, 11, 18, 25, 30	7	6	Mrs Almond/Mr Bushawa	FIELD
ART	5 & 6	Monday		4, 11, 18, 25, 30	7	6	Miss McCann	4C
DRAMA	ALL	Monday		4, 11, 18, 25, 30	7	6	Mrs Ogden/Miss Morrey	HALL
CRAFT	ALL	Monday		4, 11, 18, 25, 30	7	6	Miss Macintyre	5M
SINGING	ALL	Tuesday	29	5, 12, 19, 26	1, 8	7	Miss Doogan	3G
SPANISH	ALL	Tuesday	29	5, 12, 19, 26	1, 8	7	Laura	4B
FOOTBALL	5 & 6	Tuesday	29	5, 12, 19, 26	1, 8	7	Mr Cannon/Mrs Almond	FIELD
KARATE	ALL	Wednesday	30	13, 20, 27	2, 9	6	Chantelle Unsworth	HALL
TAG RUGBY	ALL	Wednesday	30	6, 13, 20, 27	2, 9	7	Mr Cannon/Mrs Almond	FIELD
KEYBOARD	ALL	Thursday	31	7, 14, 21, 28	3, 10	7	Miss Taylor	SEN room
ICT & TTRS	ALL	Thursday	31	7, 14, 21, 28	3, 10	7	Mr Gill	ICT Suite
FOOTBALL	3 & 4	Thursday	31	7, 14, 21, 28	3, 10	7	Mr Cannon/Mrs Almond	FIELD
DANCE	ALL	Thursday	31	7, 14, 21, 28	3, 10	7	Miss Moston	HALL













Fun, action packed tennis camps aimed at all abilities. A great way of getting into tennis for the first time or to continue the development of existing skills. For ages 5-16yrs



Cheshire Coach Of The Year 2017 & 2018, North Region Coach Of The Year 2017, Cheshire Club Of The Year Finalist 2017, 2018 & 2019 Early Drop off & Late Pickup

Camps delivered by Ben Bush & Team

LTA Licensed Level 4 Coach - DBS Approved & First Aid Trained

Tel. 07966 973901 Email. bbushtennis@yahoo.co.uk

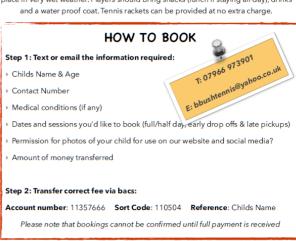
Sessions	Time	DLTC Member	Non Member	
Morning	10am-12.30pm	£14	£16	
Full Day	10am-4pm	£22	£24	
Early Drop Off	8.30-10am	£4	£5	
Late Pick Up	4-5pm	£4	€5	

Call Ben on 07966 973901 for more details

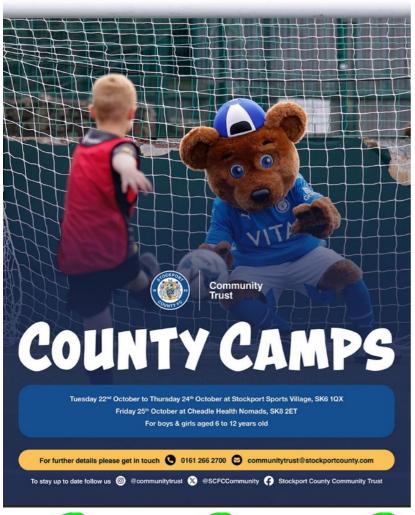
Dates 2024:

Holiday	Dates			
February Half Term	13, 14, 15 February			
Easter 1	2, 3, 4 April			
Easter 2	9, 10, 11 April			
Whit Half Term	28, 29, 30, 31 May			
Summer 1	29, 30, 31 July, 1, 2 August			
Summer 2	12, 13, 14, 15, 16 August			
Summer 3	27, 28, 29, 30 August			
October Half Term	21, 22, 23 October			

Please note that sessions will run in all weather. Indoor games and activities will take place in very wet weather. Players should bring snacks (lunch if staying all day), drinks and a water proof coat. Tennis rackets can be provided at no extra charge.



For more information call Ben on 07966 973901 or email <u>bbushtennis@yahoo.co.uk</u>













Half termly virtual sessions

These are a great opportunity for you to meet our team, support and enhance

Monday AM

You, Your Baby and Birth with Stockport Community Midwives

Join Sam and Kim in our pre recorded video for you to view in your own time.

Sessions cover how you and your baby work together during the different stages of labour.

For parents to be and those supporting parents to be.

Pre-recorded video: www.startwellstockport.co.u k/videos/ Tuesday AM

Amazing Babies

Join our Infant Parent Service to learn more about how a baby's brain develops and how we can help to build it, content of session may vary

For parents and carers conception to 2 years

Top Tips to Talking

9.30-11.00am

Support your child's speech and language development with our Speech and Language Therapists.

Tuesday 3rd December 2024

Wednesday AM Little Eaters

Do you want to know more about Do you want to know more about introducing solid foods? Do you have any questions about introducing solid foods? Join our Start Well Early Years Workers 'live' for tips and advice.

Top Tips for Talking

9:30-11am

Support your child's speech and language development with our Speech and Language Therapists.

No more nappies

11:30 -12:45

When should I start thinking about toilet training? How do I know if my child is ready? We can help you with these questions and more. Join us for a live session where we will give you tips to make the process easier and respond to any questions you have.

Thursday AM

Emotional Regulation

Thursday 7th November 2024 9:30-11:30

Sleep seminar

10th October 2024 and 12th December

Do you struggle with your child's disrupted sleep? Do you feel exhausted? Join our parenting team for useful information and advice

For parents and carers of children aged 2 - 10 years

Do you struggle when your child has a meltdown? Join our Parenting Team for advice on how to help your child stay calm and understand why

For parents / carers of children up to 10 years.



Our sessions are running

Friday AM

Monday - Friday

Week beginning

Week begining 2nd December

and new sessions may be added. Please keep your eye on our facebook page and website for

These will be about how YOU can make the difference to your child's

NHS



ONESTOCKPORT
Family Hubs



learning in their early years and give them the best start in life."



termly virtual sessions Come and join our Start Well team for a variety of live virtual workshops and

These are a great opportunity for you to meet our team, support and enhance your child's development.

Monday AM

Dad Matters Workshops

New Dad Matters Workshops held twice a month. During these sessions we will talk about three key topics; Attachment and Bonding, Mum's and Dad's Mental Health and Wellbeing and Access to Appropriate Services. We will also cover Labour, Birth and Beyond from a Dad's perspective

Dates are:

15th October 19th October 16th November 19th November 17th December

To book a place -Dadmatters.org.uk/workshop

For more information email DadMatters@homestart.org.uk

For Dads to be and new dads vith babies under 12 weeks old

Tuesday AM

Physical life skills for little ones!

Pre-recorded video: www.startwellstockport.co.uk/vi deos/

Direct video link: https://youtu.be/d0DkVjPA9gw

Physical activity is vital in children's all round development, enabling them to pursue happy, healthy and active lives. Feel free to watch a pre recorded video from our Physio and Occupational Therapist, which will help you support your child in positive and nurturing ways to help them develop physical skills for life.

For parents/carers with children 9 months - 5 years.

Wednesday AM

Safer sleep

1pm-2:15pm

Come to our our live interactive online session with our Start Well Health Visitors.

Bring your questions and our team will be able to offer advice and support about safer sleep at home, away from home or when out and

For parents and carers pre-birth to 12 months.

Thursday AM

Friday AM

How do I book on?

Visit our Facebook page: Start Well Stockport or our website: www.startwellstockport.co.uk or email our admin team admin.startwell@stockport.gov.uk

If you are unable to attend our sessions but need support please contact your Health Visitor or our Health Visiting and School Nursing Advice Line on - 0161 835 6789



If you are unable to access a live session you can watch pre recorded videos in your own time: www.startwellstockport.co.uk/videos/

Have you heard about Stockport's Health Visiting and School Nursing Advice Line?

This is a telephone service that can provide generic information to support parents and carers of children aged 0-19 in Stockport. Lines are open Monday to Friday from 9:00-16:30 (excluding Bank Holidays) and is staffed by Health Visitors and Early Years Workers. There is a voicemail facility and calls will be returned the same working day or at the earliest opportunity. If you have a query, question, or need information and/or advice – please contact them on 0161 835-6789

These will be about how YOU can make the difference to your child's learning in their early years and give them the best start in life."



















Half termly virtual sessions

Come and join our Start Well team for a variety of live virtual workshops and information sessions

These are a great opportunity for you to meet our team, support and enhance your child's development.



Did you know...?

Stockport has a range of online courses that are free for Stockport residents.

These courses are for anyone playing an active role in a child's life, from antenatal to 19 years – this could be mothers, fathers, partners, carers, professionals of all kinds, grandparents, other family and involved friends.

Created by experts, the courses are proven to improve emotional wellbeing and the relationships between parents and children.

Anyone in Stockport can join the **courses** for free

- 1. Visit https://inourplace.co.uk
- 2. Use the access code: REDROCK
- You will be asked to create an account so that you can resume the course where you last left off
- You will also be asked to verify your postcode to make sure that you're a Stockport resident

Empowering Parents Empowering Communities

Parenting courses delivered by Parent Group Leader Volunteers living in your own community. Each course offers practical tips to support you and your children

Being A Parent - For children ages 2-11

Being A Parent Together - For co-parenting couples of children aged 2-11

Living with teenagers - For children aged 12-16

Please contact 0161 406 9558 or email admin.epec@stockport.gov.uk

Sensory processing

For information and strategies to support your child's sensory processing needs please visit https://bit.ly/Understandingsensoryprocessing

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NHS Stockpor



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Top Tips for Toileting

Learning how to use the toilet independently and stopping wearing nappies is a big milestone for your child. There are lots of new and exciting skills for them to learn with your help.



When should you start toilet training?

Most children are ready around 18 months. Research shows it is better for your child to stop using nappies between 18 months and 30 months.

The longer you leave it, the harder it can be for your child to learn this new skill and accept not having a nappy on anymore. When your child wakes with a dry nappy in the morning, they may be ready for night time training.

Should we wait for 'signs of readiness'?

No! Many children and particularly those with additional needs, will never give any signs that they are ready to potty or toilet train. Prepare your child by teaching them the skills they need. When your child shows awareness that they've done a wee or poo, it means they are beginning to recognise the signals their body is giving them.

Prepare your child

Help your child feel comfortable with the idea of their bodily functions. Read picture books about potty/toilet training together and have a potty in the house you can use for role play with teddies. Remember that young children learn by watching and copying which means you may have to leave any inhibitions at the toilet door. Show them you do wees and poos too.

Make sure you're ready too

When is a good time? Make sure it's a good time for you as well as your child. It's best to avoid doing it at a time when there are any big changes or disruptions to your child's or family's routine.

Every child is different!

Children with a disability or additional needs can't always communicate their thoughts and feelings so you might not be able to rely on their signals to tell you when they are ready. Most children can be toilet trained; it just might take a bit longer sometimes. The important thing is to support with toileting signs, sounds or words that your child can use and understand and let their bladder and bowel readiness lead the way.

Ignore the myths...and pressures

There are lots of myths around toilet training that are best ignored. A common one is that boys are harder to toilet train than girls. It comes up a lot but there is no evidence to show it is true. Try not to feel pressured by other parents, focus on your child and remember that you know them better than anyone else.

Making the transition from nappy to toilet can be a challenge. It can feel like a battle – but remember it is a developmental skill not a war!

What equipment is needed for potty/toilet training?

A potty (more than one ideally). Choose one that is low to the ground so your child can use it independently. You don't need to spend a lot of money on anything fancy, it must do one job well: catch wee and poo!

Some children may prefer to go straight to using the toilet. If this is your child, get a children's toilet seat and a step stool to help them to feel secure and relaxed. Having feet firmly on the floor or a stool is the ideal position for fully emptying the bladder and bowel.

A travel potty can be helpful when you and your child go out.

Goodbye nappies, hello underwear!

Whatever stage your child is on their journey, stopping using napples is a big change for them. Make sure your child is drinking enough during the day. Aim for 6-8 drinks a day. Water is the best drink but milk in moderation and well-diluted squash is OK too.

Dress your child in clothes that are easy for them to get on and off, so they can take the lead. If you have a boy, encourage him to sit down on the potty for both wees and poos especially in the beginning. We empty our bladder better sitting down and it helps to prevent continuous.

Using praise and rewards to motivate your child

For most children, encouraging and supporting them to be as independent as possible is the best way to motivate them. Tell them how pleased you are when they se the potty/foilet and use favourite toys such as books or songs to help them feel comfortable using the potty/toilet.

For more information on supporting your child with toilet training, please visit:

www.bbc.co.uk/tiny-happypeople

www.eric.org.uk

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